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(Essay)



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Closing Date : 2021/09/10

SEPTEMBER 10, 2021

Human qualities such as forgiveness, tolerate and trust for freedom of religion or belief

When freedom of religion or belief is mentioned, primary thing that comes to mind is the right of individuals to act in accordance with conscientious beliefs, to worship freely, and to be able to enjoy life in society without discrimination on the basis of such beliefs. But the practical life of being independent in every person's religion or belief has a huge challenging factor in the community. In order to accept these diversities, people should have good qualities and irrespective of the religion, every creed teaches about good qualities such as forgiveness, tolerance, trust, humanity etc.

Srilanka is a beautiful island consist of different types of people with varied religions such as Islam, Buddhism, Hinduisms, Christianity etc. And every people have their own freedom of religion and belief. The diversity exists in the food items, worshipping places, types of worships, dressing sense, language, culture, etc. shows the uniqueness of people and their culture and accepting those differences and maintaining a good relationship with each kind of people has the beauty in it as well it's the most challenging part in one's life to collaborate without having conflicts. So, how can we maintain a good and a firm relationship with people who has many differences? the answer is so simple as I already mentioned, the good qualities.

What are good qualities? Good qualities are the good things, which don't have color, texture, religion, gender or cast. Anyone can have it and this is the one thing which unite the people with differences to ONE family. It's like the blood. And every religion teaches and stresses these good qualities and that is the very common thing between all the religions. If we possess the good qualities within ourselves, it won't be huge challenge to accept someone's differences, in fact it would be a great experience to understand one's religion and to get clarified the doubts, the beliefs that he/she has about that particular religion, but we should have the tolerance and patients to listen to them and to understand what they are trying to say and much more.

We may come across many unpredictable situations in our daily lives, such as, when someone got accident in the road, and when someone has a repair on their vehicle, when small children struggling to cross the road, when someone finds it's harder to carry huge backages, when a pregnant lady stand on a bus, why even an animal has some injuries etc, we just help them, we donate blood, we spend money, we carry them to hospital, we let them know their families, we do so much of things by prioritizing their needs before our's. But we may not know their names, their place, their religion, even sometimes which country are they from, but we just do help them in a way we can and how beautiful it is?.

So, it's really important to improve the good qualities in ourselves to live a peaceful life and and if every individual realizes the truth, there won't be any conflicts or racism may exist. So, now let's just look in detail of every good qualities separately to have some more idea how they act as the crucial role in freedom of religion or belief.

Forgiveness:

Imperfects are perfectly alright, because humans do mistake, and every change starts with the forgiveness. We may have heard that the biggest punishment one can give to someone is “*Forgiveness*”. Because people realize the mistake that they have done when someone forgive them and I say it’s a chance or an opportunity for someone to change as well. And every religion talks about forgiveness, but how many of us are following it? probably a few or less. And the history has so many wars and battles, but if they just forgive and compromise, the innocent lives of people would have saved. But the history is past and let the future begins with the forgiveness, and let the diversity of people to change, understand and accept the differences.

Tolerate:

It’s one of the core factors that should exists among individuals who lives with a community of people with varied religions, since many people can’t tolerate the cultural differences and the traditions one follow. Everyone has their own freedom of rights in their religion. Something that you see as burden may someone’s tradition and custom and vice versa as well. So, tolerating the differences are crucial part of life.

Trust:

Trust is a part of life. We cannot live in any world, if we don’t trust people. Because, if we don’t trust the driver we can’t go on a vehicle, if we don’t trust our friends we can’t ask for a help, if we don’t trust our family there won’t be no one at the end, moreover if we don’t trust ourselves we can’t achieve anything. So, we should trust for the best. And every religion teaches the trust and people pray by trusting the god. It’s all about TRUST.

And there are many more good qualities that can be mentioned but pages aren’t enough to complete them, which definitely will cause an evolution in one’s life to be in freedom of his/her religion and belief.

We should understand that differences and diversity are part of ones’ life, irrespective of the religion as well. We should possess some good qualities to accept those, where it will lead to a peaceful life with less complications and conflicts. The life is unpredictable and the things that is going to last is only the good things that we have done or the qualities that we possess within ourselves.

“Every religion teaches the good qualities and ethical things. The freedom of independence or belief can only be achieved by following the religion-mean the good qualities”